

Allergen Information

Friary Mill Bakery

January 2020

A tick means the allergen is present in the recipe. T * means the allergen is not used in the recipe, but there may be a trace of the allergen in an ingredient.

Within the normal operating environment, it is not possible to guarantee that products and ingredients are 100% free from allergens
1/2 Baguettes, unfilled, do not contain egg or dairy, therefore some fillings may be considered dairy free if no dairy spread is added.

Allergen Information	Gluten	Egg	Milk	Soya	Nuts	SO ₂	Sesame	Lupin	Shellfish	Fish	Celery	Mustard
FILLED ROLLS												
Ham, Cheese and Coleslaw Cheese Top Roll	✓	✓	✓	✓			T*	T*				T*
Ham, Cheese and Coleslaw Finger Roll	✓	✓	✓	✓			T*	T*				T*
Ham, Cheese and Coleslaw Finger Roll	✓	✓	✓	✓			T*	T*				T*
Ham, Cheese and Coleslaw Malted Grain Sandwich	✓	✓	✓	✓					T*			T*
Ham, Cheese and Coleslaw Small Bap	✓	✓	✓	✓			T*	T*				T*
Ham, Cheese and Coleslaw White 1/2 Baguette	✓	✓	✓	✓			T*	T*				T*
Ham, Cheese and Coleslaw White Doorstep	✓	✓	✓	✓					T*			T*
Ham, Cheese and Coleslaw White Sandwich	✓	✓	✓	✓					T*			T*
Ham, Cheese and Coleslaw White 1/2 Baguette	✓	✓	✓	✓								T*
Ham, Cheese and Pickle Cheese Topped Roll	✓	✓	✓	✓		✓	T*	T*				T*
Ham, Cheese and Pickle Finger Roll	✓	✓	✓	✓		✓	T*	T*				T*
Ham, Cheese and Pickle 1/2 Baguette	✓	T*	✓	✓		✓						T*
Ham Finger Roll	✓	T*	✓	✓			T*	T*				
Ham Mayo Finger Roll	✓	✓	✓	✓			T*	T*				T*
Ham Salad with Mayo Ringer Roll	✓	✓	✓	✓			T*	T*				T*
Ham Salad Cheese Topped White Roll	✓	T*	✓	✓			T*	T*				
Ham Salad Malted Grain Doorstep	✓	T*	✓	✓					T*			
Ham Salad Finger Roll	✓	T*	✓	✓			T*	T*				
Ham Salad Malted Grain Sandwich	✓	T*	✓	✓					T*			
Ham Salad Malted 1/2 Baguette *	✓		✓	✓								
Ham Salad White Doorstep	✓	T*	✓	✓					T*			
Ham Salad White Sandwich	✓	T*	✓	✓					T*			
Ham Salad Small Bap	✓	T*	✓	✓			T*	T*				
Ploughmans Finger Roll	✓	T*	✓	✓			T*	T*				
Ploughmans White 1/2 Baguette	✓		✓	✓								
Pork and Stuffing White 1/2 baguette	✓		✓	✓							T*	
Sausage and Egg Finger Roll	✓	✓	✓	✓		✓	T*	T*				
Sausage and Onion Finger Roll	✓	T*	✓	✓		✓	T*	T*				
Sausage and Tomato Finger Roll	✓	✓	✓	✓		✓	T*	T*				
Sweet Thai Chilli Chicken White 1/2 Baguette	✓		✓	✓								
Sweet Thai Chilli Chicken Malted Grain Doorstep	✓	T*	✓	✓					T*			
Sweet Thai Chilli Chicken Finger Roll	✓	T*	✓	✓			T*	T*				
Tuna and Tomato Finger Roll	✓	T*	✓	✓			T*	T*		✓		T*
Tuna Mayo and Cucumber Finger roll	✓	✓	✓	✓			T*	T*		✓		T*
Tuna Mayo and Cucumber White 1/2 Baguette	✓	✓	✓	✓			T*	T*		✓		T*
Tuna Mayo and Red Onion Finger Roll	✓	✓	✓	✓			T*	T*		✓		T*
Tuna Mayo and Sweetcorn Malted Grain Doorstep	✓	✓	✓	✓					T*	✓		T*
Tuna Mayo and Sweetcorn Malted Grain Sandwich	✓	✓	✓	✓					T*	✓		T*
Tuna Mayo and Sweetcorn Small Bap	✓	✓	✓	✓			T*	T*		✓		T*
Tuna Mayo and Sweetcorn White Sandwich	✓	✓	✓	✓					T*	✓		T*
Tuna Mayo and Sweetcorn White 1/2 Baguette	✓	✓	✓	✓						✓		T*
Tuna Mayo and Sweetcorn White Doorstep	✓	✓	✓	✓					T*	✓		T*
Tuna Mayo and Sweetcorn Finger Roll	✓	✓	✓	✓			T*	T*		✓		T*

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Allergen Information	Gluten	Egg	Milk	Soya	Nuts	SO2	Sesame	Lupin	Shellfish	Fish	Celery	Mustard
Tuna Mayo Malted Grain Doorstep	✓	✓	✓	✓					T*	✓		T*
Tuna Mayo Finger Roll	✓	✓	✓	✓			T*	T*		✓		T*
Tuna Mayo Malted Grain Sandwich	✓	✓	✓	✓					T*	✓		T*
Tuna Mayo Small Bap	✓	✓	✓	✓			T*	T*		✓		T*
Tuna Mayo White Doorstep	✓	✓	✓	✓					T*	✓		T*
Tuna Mayo Salad and Onion Finger Roll	✓	✓	✓	✓			T*	T*		✓		T*
Tuna Mayo Salad Malted Grain Doorstep	✓	✓	✓	✓					T*	✓		T*
Tuna Mayo Salad Malted Grain Sandwich	✓	✓	✓	✓					T*	✓		T*
Tuna Mayo Salad Small Bap	✓	✓	✓	✓			T*	T*		✓		T*
Tuna Mayo Salad White 1/2 Baguette	✓	✓	✓	✓						✓		T*
Tuna Mayo Salad Finger Roll	✓	✓	✓	✓			T*	T*		✓		T*
Tuna Mayo Salad White Sandwich	✓	✓	✓	✓					T*	✓		T*
Tuna Salad Finger roll	✓	T*	✓	✓			T*	T*		✓		T*
Tuna Salad White Sandwich	✓	T*	✓	✓					T*	✓		T*
Turkey and Coleslaw Finger Roll	✓	✓	✓	✓			T*	T*			T*	T*
Turkey and Coleslaw Malted Grain Sandwich	✓	✓	✓	✓					T*		T*	T*
Turkey and Coleslaw Small Bap	✓	✓	✓	✓			T*	T*			T*	T*
Turkey and Coleslaw 1/2 Baguette	✓	✓	✓	✓					T*		T*	T*
Turkey and Coleslaw White Doorstep	✓	✓	✓	✓					T*		T*	T*
Turkey Salad Finger Roll	✓	T*	✓	✓			T*	T*			T*	T*
Turkey Salad 1/2 Baguette *	✓		✓	✓							T*	T*
Turkey Tomato and Onion Finger Roll	✓	T*	✓	✓			T*	T*			T*	T*
Turkey Tomato and Onion Small Bap	✓	T*	✓	✓			T*	T*			T*	T*
Turkey and Pickle Finger Roll	✓	T*	✓	✓		✓	T*	T*				
Xmas Dinner Finger Roll	✓	T*	✓	✓			T*	T*			T*	T*
Barbecue Chicken Hot Sub / Panini	✓	✓	✓	✓			T*	T*				T*
Chicken and Cheese Hot Sub / Panini	✓	✓	✓	✓			T*	T*				T*
Ham and Cheese Hot Sub / Panini	✓	✓	✓	✓			T*	T*				T*
Piri Piri Chicken Hot Sub / Panini	✓	✓	✓	✓			T*	T*			T*	T*
Brie and Cranberry Panini	✓	✓	✓	✓			T*	T*				T*
Breakfast Hot Sub / Panini	✓	✓	✓	✓			T*	T*				T*
Pepperoni, Jalapeno and Cheese Hot Sub / Panini	✓	✓	✓	✓			T*	T*				T*
Barbecue Pulled Pork Roll/ Panini	✓		✓	✓			T*	T*			✓	✓
Tuna Melt Hot Sub / Panini	✓	✓	✓	✓			T*	T*		✓		T*
Salad Boxes - May contain :		✓	✓	✓						✓		T*